



## INSTRUCTIONS

1. Enjoy your non-food treats!
2. Place the “We’ve Been Teal Pumpkin Boo’ed” sign on your front door to show that you have been Boo’ed and will be participating in the Teal Pumpkin Project.
3. Within two days, make a copy of the “We’ve Been Teal Pumpkin Boo’ed” sign and instructions and then gather up some non-food treats.
4. Secretly leave at your neighbor’s house.
5. Watch as your neighborhood turns teal as “Boo’ed” signs pop up everywhere!
6. Create a safer, happier Halloween for all by participating the Teal Pumpkin Project!

## NON-FOOD TREAT IDEAS:

- Glow sticks, bracelets, or necklaces
- Halloween erasers or pencil toppers
- Finger puppets or novelty toys
- Mini notepads
- Pencils, pens, crayons or markers
- Mini Slinkies
- Coins
- Playing cards
- Bubbles
- Whistles, kazoos, or noisemakers
- Spider rings
- Bookmarks
- Stickers
- Bouncy balls
- Vampire fangs
- Stencils





THE AIR IS COOL, THE SEASON FALL,  
SOON HALLOWEEN WILL COME TO ALL.  
WITH GHOSTS AND GOBLINS, SPOOKS GALORE,  
DON'T FORGET YOUR TRICK OR TREATERS AT THE DOOR.

THIS HALLOWEEN THERE'S SOMETHING NEW  
A SWEET SURPRISE THAT'S CALLED A "TEAL PUMPKIN BOO"  
SECRET FRIENDS HAVE LEFT IT HERE,  
TO CREATE A SAFER, HAPPIER HALLOWEEN FULL OF CHEER!

YOU'VE RECEIVED A "TEAL PUMPKIN BOO" NOW IT'S YOUR TURN TO SHARE,  
WITH FRIENDS OR NEIGHBORS, ANYONE YOU DARE!

ENCLOSE THIS POEM AND ONE THING MORE,  
A "WE'VE BEEN TEAL PUMPKIN BOO'ED" SIGN FOR THE FRONT DOOR.  
PUT TOGETHER NON-FOOD TREATS, SPOOKY AND FUN  
THEN LEAVE THEM AT THE DOOR AND RUN!

THIS IS ALL IN GOOD FUN AND WE ARE JUST TRYING TO SAY...  
HAPPY HALLOWEEN AND HAVE A BOO-TIFUL DAY!



[TEALPUMPKINPROJECT.ORG](http://TEALPUMPKINPROJECT.ORG)



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# WE'VE BEEN TEAL PUMPKIN BOO'ED!



We support kids with food allergies. Our teal pumpkin means we have non-food treats available!



**FARE**  
Food Allergy Research & Education

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**#TEALPUMPKINPROJECT**